



Begin Here

- Check expiration date on passport. Take a pic and email it to yourself.
- · Do not make the mistake of packing the night before!
- One week prior, leave your suitcase open and start dropping things into it. Note any mending.
 - Research the weather, the culture, the dress code Print hard copies of travel docs.
 - Label your suitcase with your email address and phone #.

Essentials

- Adapters, power strip
- Bathing suits, flip flops
- Bra, panties, socks
- Brush, comb, hair tools & products
- Casual & fancy clothes
- · Credit cards, cash
- Eyeglass needs, sunglasses
- Fem products
- Hand sanitizer, masks
- Jacket, hats, gloves
- Jewelry
- Laptop, iPad, camera
- · Laundry bag
- Makeup
- Medical / travel insurance
 ID cards

- Medications
- Passport & ID
- PJs, robe
- Q-tips, tissues
- Shaver, tweezers, ming scissors
- Shopping bag
- Small mirror
- Shoes, slippers
- Sunscreen, bug spray
- T-shirts, jeans
- Toothpaste, brush, floss
- Umbrella
- Vitamins
- Workout clothes
- Wrinkle spray



Carry-On Must Haves

- Downloaded movies on devices
- Credit cards, cash
- Chargers, earbuds, power bank
- Eyeglasses, sunglasses
- Medications, passport, ID
- Pillow, blanket, compression socks
- Refillable water bottle
- Sani wipes, hand sanitizer
- Skin and lip moisturizer
- SNACKS, gum, lozenges
- Sweatshirt planes are cold
- Toothbrush/paste
- Travel docs

Remember

- Clean out the fridge
- Download the airlines app
- Fill Rx, stop the mail
- Walking out the door -take out the trash





Pro Tip

- Lay out the clothes you think you'll need cut that in half
- Leave room for souvenirs and gifts